

CHELSEFIELD PRIMARY SCHOOL

After-School Clubs



MONDAY

FOOTBALL

- Passing & shooting
- Skills & team moves
 - Ball control
 - Techniques
- Defend & attack
 - Goalkeeping
 - Free-kicks



TUESDAY

HOCKEY

- Dribbling & passing
 - Shooting
 - Skills
- Defend & attack
 - Techniques
 - Balance
 - Ball control



WEDNESDAY

MULTI-SPORTS

- Tag-Rugby
- Athletics
- Rounders
- Cricket
- Volleyball
- Dodgeball
- Gymnastics



THURSDAY

TENNIS

- Rallying
- Serving
- Forehand & backhand
- Ball control
- Mini Tennis games
- Techniques
- Scoring



FRIDAY

GYMNASTICS

- Mat work
- Apparatus exercises
- Movement & travel
 - Shapes
- Balance & coordination
 - Floor routines
 - Sequences

All clubs run from 3.15pm to 4.15pm.

Payment is made in the form of **tokens**. Please visit the website address below for further details, to book and to purchase your tokens.
The cost of the After-School Clubs is 1 token per club, per session.

There is the option to book an 'Extended Day' till 6pm for 1 additional token.